



863-683-2051

SERVING CENTRAL FLORIDA FOR OVER 45 YEARS

Office

8:00am-5:30pm EST, Monday-Friday
8:00am-3:00pm EST, Saturday

Warehouse

7:00am-2:00pm EST, Monday-Saturday

[Lakeland FL Servicing Orlando area For 80 years](#)

[1111 West Main St Lakeland, FL 33815](#)

Fresh Vegetables

Asparagus Stand 11#
Avocados
Broccoli Crowns 20#
Cabbage Green 50#
Cabbage Red 50#
Carrots - Calif. 25#
Carrots California 50#
Carrots Eastern 50#
Cauliflower
Celery 30cnt
Cucumbers 50#
Eggplant
Kale Green 24cnt
Lettuce Green Leaf 24cnt
Lettuce Iceberg 24cnt
Lettuce Leaf Fillet 10#
Lettuce Romaine 24cnt
Lettuce Romaine Hearts 12/3#
Lettuce Spring Mix 3#
Mushrooms Button 10#
Mushrooms Fancy 10#
Mushrooms Fancy 3#
Mushrooms Sliced 5#
Onions Green 48cnt
Onions Red Jumbo
Onions Spanish Jumbo
Onions Spanish Super Colossal
Pepper Green
Pepper Red 11#
Pepper Yellow 11#
Bakers 40cnt
Bakers 60cnt
Bakers 70cnt
Bakers 80cnt
Bakers 90cnt
Bakers 100cnt
Potatoes A Bliss
Potatoes B Bliss
Potatoes #1 Sweet
Radishes 14/1#
Rutabagas
Spinach Cello 12/10 oz

Misc. Fresh Products

Cucumbers European 12cnt
Garlic Peeled 5#
Gingerroot lb.
Shallots 5#

Fresh Fruit

Apples Granny Smith 88cnt
Apples Red Delicious 88cnt
Apples Red Delicious 125cnt
Apples Yellow Delicious 88cnt
Apples Yellow Delicious 125cnt
Bananas 40#
Cantaloupes
Grapefruit 27cnt
Grapes Red
Honeydew
Kiwi Fruit 36cnt
Lemons 165cnt
Limes
Mangos 9cnt
Oranges
Pears 100cnt
Pineapple DM Gold
Strawberries
Watermelon each

Herbs

Basil 1/4#
Chives 1/4#
Cilantro each
Dill 1/4#
Mint 1/4#
Oregano 1/4#
Parsley Italian each
Parsley each
Rosemary 1/4#
Sage 1/4#
Tarragon 1/4#
Thyme 1/4#

Liquid Shortening/Oils

Liq. Shortening Clear Frying 35#

Squash Yellow
Squash Zucchini
Tomatoes #2 Grade 25#
Tomatoes 5x6 18#
Tomatoes 6x6 25#
Tomatoes Grape 25# Cs.
Tomatoes Grape Flat
Tomatoes Green
Tomatoes Plum
Tomatoes Vine Ripe

Frozen Vegetables

Froz Baby Limas 6/24 oz.
Froz Fordhk Limas 12/24 oz.
Froz Blackeyed Peas 6/28 oz.
Froz Breaded Okra 6/24 oz.
Froz Broccoli Cuts 6/24 oz.
Froz Brussel Sprouts 6/24 oz.
Froz Butter Peas 6/24 oz.
Froz California Blend 6/24 oz.
Froz Retail Collards 6/22 oz.
Froz Corn on Cob 6/2#
Froz Cream Corn 6/2#
Froz Crinkle Slic Carrots 6/2#
Froz Crowder Peas 6/28 oz.
Froz Cut Corn 6/28 oz.
Froz Cut Green Bns 6/28 oz.
Froz Cut Okra 6/24 oz.
Froz FieldPeas w/snap 6/28 oz.
Froz Green Peas 6/28 oz.
Froz Ital Green Bns 6/24 oz.
Froz Mix Vegetables 6/24 oz.
Froz Onion Rings Natural Breaded 6/20 oz.
Froz Peas n Carrots 6/2#
Froz Petite Green Bns 12/2#
Froz Speck Btr Bns 6/28 oz.
Froz Spinach Chopped 6/2#
Froz Stew Mix 6/24 oz.
Froz Stir Fry Blend 6/24 oz.
Froz Tejano Blend 6/24 oz.
Froz Retail Turnips . 6/2#
Froz Veg Gumbo 6/24 oz.
Froz Yam Patties 6/24 oz.
Froz Yellow Squash 6/24 oz.
Froz Brd Yellow Squash 6/2#
Froz Zipper Peas 6/24 oz.

Frozen Chicken Products

Chicken Breast 24/4 oz.
Chicken Breast 24/6 oz.

Pickles

Pickles Deli Chips Gielow
Pickles Spears-Gielow

Processed Vegetables

Beans Green Snip 2/5#
Broccoli Florettes 3#
Cabbage Red 5#
Carrots Baby Peeled 5#
Carrots Coin 5#
Carrots Shredded 5#
Carrots Sticks 5#
Cauliflower Florettes 3#
Celery Sticks 5#
Lettuce Chopped Romaine 6/2#
Lettuce Iceberg/Rom Mix 70/30 4/5#
Lettuce Salad Mix 4/5#
Lettuce Salad Mix 5# Bag
Lettuce Shredded 4/5#
Lettuce Shredded 5# Bag
Onions Red Slivered 5#
Onions Yellow Diced 5#
Pepper Green Diced 5#
Pepper Green Slivered 5#
Slaw Fineshred 5#
Slaw Green Shredded 4/5#
Tomatoes Diced 5#

Misc. Frozen Products

Apples Sliced Frozen 30#
Bacon 15#
Biscuits 12/12cnt
Sausage Patties 10#

Frozen Potato Products

French Fries .1/2in Crinkle 6/5#
French Fries 1/4in Shoestring 6/4.5#
French Fries 3/8in Straight 6/5#
Hash Browns F16 18#

Dairy and Cheeses

Half n Half Creamers 400 CT
Margarine 30#

Chicken Diced 10#
Chicken Tenders 2/5#

Eggs

Eggs X-Large 15 Doz
Eggs Medium 15 Doz
Eggs Hard Cooked 20#

P.C. Margarine 900 CT
Milk Whole 4/1 Gallon
Sour Cream 4/5#
Sour Cream 5#
Cheddar Cheese Shredded 4/5#
Cheddar Cheese Shredded 5#
Cottage Cheese Small Curd 4/5#
Cottage Cheese Small Curd 5#
Feta Cheese In Brine 2/9#
Feta Cheese In Brine 9#
MJack/ChedCheese Blend Shredded 4/5#
MJack/ChedCheese Blend Shredded 5#
Mozzarella Cheese Shredded 6/5#
Mozzarella Cheese Shredded 5#
Parmesan Cheese Grated 2/5#
Parmesan Cheese Grated 5#
Parmesan Cheese Shredded 2/5#
Parmesan Cheese Shredded 5#
Provolone Cheese 3/12#
Provolone Cheese 12#
Swiss Am. Cheese Sliced-160 ct. 4/5#
Swiss Am. Cheese Sliced 160 ct. 5#
Yellow Am Cheese Sliced-160 ct. 4/5#
Yellow Am Cheese Sliced-160 ct. 5#